High Performance Brain Training: Social-Edge is an evidence-based Strategic Memory Advanced Reasoning Training (SMART), designed to increase your social reasoning abilities and day-to-day social engagement. Strategy-based sessions are interactive with exercises that encourage discussion, creative thinking and practical real-world application. Learn how to prioritize and maximize social relationships, apply critical thinking in social situations and increase your overall adeptness in your responses.

**Core Program:** Across a 4-week, 9-hour training, interactive on-line sessions are led by a social coach guiding learning and application of social strategies. Sessions are specifically tailored to meet the level and social needs at both a group-format and individual level.

**Workshop Program:** A 6 hour, 1-2 day training, designed to be an additional training opportunity for those who’ve completed the SMART training previously or those wanting a shortened and condensed overview. Intended for a group format either in-person or online.
What Are the Benefits:

- **Strategic Attention** – heightened focus to important and relevant social information.
- **Integrated Reasoning** – improved ability to apply critical reasoning and deeper level thinking to social situations.
- **Innovation** – increased flexibility of thinking, ability to take perspectives and generate alternate approaches for a successful outcome.

**Who Can Benefit:** Adults who are at least 18 years of age and who desire to improve social reasoning abilities and social interactions.

**Program Investment:**

- **$425 Core Program Group Format** – Includes individualized consultation and goal-setting, pre- and post-training assessment, on-line interactive coaching, and individualized session review following training.
- **$1350 Core Program Individual Format** – Includes comprehensive consultation and goal-setting, pre- and post-training assessment, personalized coaching with weekly ongoing support during training, and individualized session review following training.
- **$375 Workshop Group Format** – Includes a social index assessment as well as in-person or on-line tailored training across a 1-2 day program.